

	<i>Sunday 10/25/2020</i>	<i>Monday 10/26/2020</i>	<i>Tuesday 10/27/2020</i>	<i>Wednesday 10/28/2020</i>	<i>Thursday 10/29/2020</i>	<i>Friday 10/30/2020</i>	<i>Saturday 10/31/2020</i>
Breakfast	9:00 am - 12:00 pm	7:15 am - 8:10 am	7:15 am - 8:10 am	7:15 am - 8:10 am	7:15 am - 8:10 am	7:15 am - 8:10 am	9:00 am - 12:00 pm
<i>Grill</i>	Sausage, Egg & Potato Breakfast Scrambler, Egg & Potato Breakfast Scrambler, Belgian Waffle Bowl, Tater Tots	Bacon, Egg & Potato Breakfast Scrambler, Egg & Potato Breakfast Scrambler, French Toast Sticks Bowl, Tater Tots	Sausage, Egg & Potato Breakfast Scrambler, Egg & Potato Breakfast Scrambler, Pancake Bowl, Tater Tots	Bacon, Egg & Potato Breakfast Scrambler, Egg & Potato Breakfast Scrambler, Breakfast Burrito Bowl Tater Tots	Sausage, Egg & Potato Breakfast Scrambler, Egg & Potato Breakfast Scrambler, Belgian Waffle Stix Bowl, Tater Tots	Bacon, Egg & Potato Breakfast Scrambler, Egg & Potato Breakfast Scrambler, Pancake Bowl, Tater Tots	Sausage, Egg & Potato Breakfast Scrambler, Egg & Potato Breakfast Scrambler, French Toast Bowl, Tater Tots
<i>Home Cooking</i>							
<i>Soup, Salad and Deli Bar</i>	Yogurt Cups, Fresh Fruit Cup Whole Fruit, Hard Boiled Eggs	Yogurt Cups, Fresh Fruit Cup Whole Fruit, Hard Boiled Eggs	Yogurt Cups, Fresh Fruit Cup Whole Fruit, Hard Boiled Eggs	Yogurt Cups, Fresh Fruit Cup Whole Fruit, Hard Boiled Eggs	Yogurt Cups, Fresh Fruit Cup Whole Fruit, Hard Boiled Eggs	Yogurt Cups, Fresh Fruit Cup Whole Fruit, Hard Boiled Eggs	Yogurt Cups, Fresh Fruit Cup Whole Fruit, Hard Boiled Eggs
<i>Bakery</i>	Cold Cereal, Breakfast Pastry, Hot Cereal	Cold Cereal, Breakfast Pastry, Hot Cereal	Cold Cereal, Breakfast Pastry, Hot Cereal	Cold Cereal, Breakfast Pastry, Hot Cereal	Cold Cereal, Breakfast Pastry, Hot Cereal	Cold Cereal, Breakfast Pastry, Hot Cereal	Cold Cereal, Breakfast Pastry, Hot Cereal
Lunch		12:15 pm - 1:55 pm	12:15 pm - 1:55 pm	11:00 am - 12:55 pm	12:15 pm - 1:55 pm	12:15 pm - 1:55 pm	
<i>Grill Station</i>		Grilled Turkey & Cheddar on Sourdough, GovsPossible Burger, Hamburger, Grilled Chicken Breast, All Beef Hot Dog	Turkey & Cheddar Sub, GovsPossible Burger, Hamburger, Grilled Chicken Breast, All Beef Hot Dog	Roasted Vegetable & Hummus Wrap, GovsPossible Burger, Hamburger, Grilled Chicken Breast, All Beef Hot Dog	Roast Beef & Provolone Sub GovsPossible Burger, Hamburger, Grilled Chicken Breast, All Beef Hot Dog	Chicken Patty Sandwich, GF Chicken Fingers,, GovsPossible Burger, Hamburger, Grilled Chicken Breast, All Beef Hot Dog	
<i>Pizza Station</i>		Cheese Pizza, Specialty Pizza	Cheese Pizza, Specialty Pizza	Cheese Pizza, Specialty Pizza	Cheese Pizza, Specialty Pizza	Cheese Pizza, Specialty Pizza	
<i>Pasta Station</i>		Sticky Rice, Brown Rice, Pasta with Marinara Sauce, Plain Pasta	Sticky Rice, Brown Rice, Pasta with Marinara Sauce, Plain Pasta	Sticky Rice, Brown Rice, Pasta with Marinara Sauce, Plain Pasta	Sticky Rice, Brown Rice, Pasta with Marinara Sauce, Plain Pasta	Sticky Rice, Brown Rice, Pasta with Marinara Sauce, Plain Pasta	
<i>Home Cooking</i>		Quinoa Kedgeree, Blackened Chicken, Brown Rice, Mango Salsa Bowl	Vegetable Lasagna, Pinto Gallo	Curried Garbanzo Beans with Spinach & Rice Bowl, Chicken Fingers	Pork Dumplings & Vegetable Fried Rice Bowl, Vegetable Dumplings & Vegetable Fried Rice Bowl	Macaroni & Cheese Squash & Black Bean Chili	
<i>Soup, Salad and Deli Bar</i>		Kale Salad, Tossed Salad, Caesar Salad, Diced Chicken, Carrot Sticks, Hummus, Marinated Tofu, Roasted Chickpeas, Tuna Salad, Chicken Salad	Kale Salad, Tossed Salad, Caesar Salad, Diced Chicken, Carrot Sticks, Hummus, Marinated Tofu, Roasted Chickpeas, Tuna Salad, Chicken Salad	Kale Salad, Tossed Salad, Caesar Salad, Diced Chicken, Carrot Sticks, Hummus, Marinated Tofu, Roasted Chickpeas, Tuna Salad, Chicken Salad	Kale Salad, Tossed Salad, Caesar Salad, Diced Chicken, Carrot Sticks, Hummus, Marinated Tofu, Roasted Chickpeas, Tuna Salad, Chicken Salad	Kale Salad, Tossed Salad, Caesar Salad, Diced Chicken, Carrot Sticks, Hummus, Marinated Tofu, Roasted Chickpeas, Tuna Salad, Chicken Salad	
<i>Bakery</i>							
Dinner	5:00 pm - 6:30 pm	5:00 pm - 6:45 pm	5:00 pm - 6:45 pm	5:00 pm - 6:45 pm	5:00 pm - 6:45 pm	5:00 pm - 6:45 pm	5:00 pm - 6:30 pm
<i>Grill</i>		GovsPossible Burger, Hamburger, Grilled Chicken Breast, All Beef Hot Dog	GovsPossible Burger, Hamburger, Grilled Chicken Breast, All Beef Hot Dog	GovsPossible Burger, Hamburger, Grilled Chicken Breast, All Beef Hot Dog	Chef Carved Roast Chicken, Stuffing, Butternut Squash, Peas, Roasted Potatoes	GovsPossible Burger, Hamburger, Grilled Chicken Breast, All Beef Hot Dog	
<i>Pizza Station</i>	Cheese Pizza, Specialty Pizza	Stuffed Shells, Cheesy Bread Sticks	Chili & Cheese Baked Potatoes, Broccoli & Cheese Baked Potatoes	Butternut Squash Ravioli, Sage Brown Butter, Roasted Broccoli	Baked Manicotti, Roasted Eggplant, Mushroom and Red Pepper	Cheese Pizza, Specialty Pizza	Cheese Pizza, Specialty Pizza
<i>Pasta</i>	Sticky Rice, Brown Rice, Pasta with Marinara Sauce, Plain Pasta	Sticky Rice, Brown Rice, Pasta with Marinara Sauce, Plain Pasta	Sticky Rice, Brown Rice, Pasta with Marinara Sauce, Plain Pasta	Sticky Rice, Brown Rice, Pasta with Marinara Sauce, Plain Pasta	Sticky Rice, Brown Rice, Pasta with Marinara Sauce, Plain Pasta	Sticky Rice, Brown Rice, Pasta with Marinara Sauce, Plain Pasta	Sticky Rice, Brown Rice, Pasta with Marinara Sauce, Plain Pasta
<i>Home Cooking</i>	Beef & Broccoli, White Rice Baked Manicotti, Roasted Eggplant, Mushroom and Red Pepper Aloo Gobi Matar, Steamed Edamame	Chicken Piccata, Egg Noodles, Edamame Ginger Soy Tofu & Vegetables, Basmati Rice	Baked Salmon, Steamed Vegetable Medley Penne with Sundried Tomato and Portobello Mushroom	Meatloaf, Mashed Potatoes, Green Beans Potato & Cheese Pierogi with Roasted Apples	Baked Haddock with Tomato & Basil, Sauteed Garlic Spinach, Rice Pilaf Tofu with Broccoli & Garlic Sauce	BBQ Beef Brisket, Baked Beans, Steamed Greens, Corn Bread Greek Drummies with Lemon Orzo & Spanakopita	Grilled Flank Steak, Mashed Potatoes, Roasted Carrots Teriyaki Chicken, Broccoli Rice Bowl Channa Masala, Basmati Rice
<i>Soup, Salad and Deli Bar</i>	Kale Salad, Tossed Salad, Caesar Salad, Diced Chicken, Carrot Sticks, Hummus, Marinated Tofu, Roasted Chickpeas, Tuna Salad, Chicken Salad	Kale Salad, Tossed Salad, Caesar Salad, Diced Chicken, Carrot Sticks, Hummus, Marinated Tofu, Roasted Chickpeas, Tuna Salad, Chicken Salad	Kale Salad, Tossed Salad, Caesar Salad, Diced Chicken, Carrot Sticks, Hummus, Marinated Tofu, Roasted Chickpeas, Tuna Salad, Chicken Salad	Kale Salad, Tossed Salad, Caesar Salad, Diced Chicken, Carrot Sticks, Hummus, Marinated Tofu, Roasted Chickpeas, Tuna Salad, Chicken Salad	Kale Salad, Tossed Salad, Caesar Salad, Diced Chicken, Carrot Sticks, Hummus, Marinated Tofu, Roasted Chickpeas, Tuna Salad, Chicken Salad	Kale Salad, Tossed Salad, Caesar Salad, Diced Chicken, Carrot Sticks, Hummus, Marinated Tofu, Roasted Chickpeas, Tuna Salad, Chicken Salad	Kale Salad, Tossed Salad, Caesar Salad, Diced Chicken, Carrot Sticks, Hummus, Marinated Tofu, Roasted Chickpeas, Tuna Salad, Chicken Salad
<i>Bakery</i>							
Eating raw or undercooked foods such as fish, beef, pork, lamb, poultry, eggs and unpasteurized dairy products increases the risk of foodborne illness. masterCycle 2.00 FY2021	Allergen Statement: Please be aware that we produce products on shared equipment. Therefore, our products are not allergen-free. Common allergen ingredients that may be used in our	products include dairy, shellfish, peanuts, tree nuts, eggs, soy and gluten. Please inform Dining Services staff of any known allergy issues.	Offered Daily:	Offered Daily: Vegetarian Vegan	Meal Hours: Monday - Friday Breakfast - Cont: Lunch: Dinner:	Saturday: Cont: Brunch: Dinner:	Sunday Cont: Brunch: Dinner: