

	<i><b>Sunday 10/18/2020</b></i>	<i><b>Monday 10/19/2020</b></i>	<i><b>Tuesday 10/20/2020</b></i>	<i><b>Wednesday 10/21/2020</b></i>	<i><b>Thursday 10/22/2020</b></i>	<i><b>Friday 10/23/2020</b></i>	<i><b>Saturday 10/24/2020</b></i>
<b>Breakfast</b>	<b>Brunch 9 - 12</b>	<b>Brunch 9 - 12</b>	<b>Brunch 9 - 12</b>				
<i><b>Grill</b></i>	Sausage, Egg & Potato Breakfast Scrambler, Egg & Potato Breakfast Scrambler, Belgian Waffle Bowl, Tater Tots	Bacon, Egg & Potato Breakfast Scrambler, Egg & Potato Breakfast Scrambler, French Toast Sticks Bowl, Tater Tots	Sausage, Egg & Potato Breakfast Scrambler, Egg & Potato Breakfast Scrambler, Pancake Bowl, Tater Tots	Bacon, Egg & Potato Breakfast Scrambler, Egg & Potato Breakfast Scrambler, Breakfast Burrito Bowl Tater Tots	Sausage, Egg & Potato Breakfast Scrambler, Egg & Potato Breakfast Scrambler, Belgian Waffle Stix Bowl, Tater Tots	Bacon, Egg & Potato Breakfast Scrambler, Egg & Potato Breakfast Scrambler, Pancake Bowl, Tater Tots	Sausage, Egg & Potato Breakfast Scrambler, Egg & Potato Breakfast Scrambler, French Toast Bowl, Tater Tots
<i><b>Home Cooking</b></i>							
<i><b>Soup, Salad and Deli Bar</b></i>	Yogurt Cups, Fresh Fruit Cup Whole Fruit, Hard Boiled Eggs	Yogurt Cups, Fresh Fruit Cup Whole Fruit, Hard Boiled Eggs	Yogurt Cups, Fresh Fruit Cup Whole Fruit, Hard Boiled Eggs	Yogurt Cups, Fresh Fruit Cup Whole Fruit, Hard Boiled Eggs	Yogurt Cups, Fresh Fruit Cup Whole Fruit, Hard Boiled Eggs	Yogurt Cups, Fresh Fruit Cup Whole Fruit, Hard Boiled Eggs	Yogurt Cups, Fresh Fruit Cup Whole Fruit, Hard Boiled Eggs
<i><b>Bakery</b></i>	Cold Cereal, Breakfast Pastry, Hot Cereal	Cold Cereal, Breakfast Pastry, Hot Cereal	Cold Cereal, Breakfast Pastry, Hot Cereal	Cold Cereal, Breakfast Pastry, Hot Cereal	Cold Cereal, Breakfast Pastry, Hot Cereal	Cold Cereal, Breakfast Pastry, Hot Cereal	Cold Cereal, Breakfast Pastry, Hot Cereal
<b>Lunch</b>							
<i><b>Grill Station</b></i>				Roasted Vegetable & Hummus Wrap, GovsPossible Burger Hamburger, Grilled Chicken Breast All Beef Hot Dog	Chicken Fingers, GF Chicken Fingers, GovsPossible Burger Hamburger, Grilled Chicken Breast All Beef Hot Dog	BLT Wrap, GovsPossible Burger Hamburger, Grilled Chicken Breast All Beef Hot Dog, Grilled Cheese Sandwich	
<i><b>Pizza Station</b></i>		Cheese Pizza, Specialty Pizza	Cheese Pizza, Specialty Pizza	Cheese Pizza, Specialty Pizza	Cheese Pizza, Specialty Pizza	Cheese Pizza, Specialty Pizza	
<i><b>Pasta Station</b></i>		Sticky Rice, Brown Rice, Pasta with Marinara Sauce, Plain Pasta	Sticky Rice, Brown Rice, Pasta with Marinara Sauce, Plain Pasta	Sticky Rice, Brown Rice, Pasta with Marinara Sauce, Plain Pasta	Sticky Rice, Brown Rice, Pasta with Marinara Sauce, Plain Pasta	Sticky Rice, Brown Rice, Pasta with Marinara Sauce, Plain Pasta	
<i><b>Home Cooking</b></i>				Roast Beef & Cheddar on Bialy Grilled Portobello, Tomato & Cheddar Stacker	BLT Wrap, Avocado, Tomato & Quinoa Bowl	Chicken Tamales, Arroz, Rojo, Corn Bowl, Macaroni & Cheese	
<i><b>Soup, Salad and Deli Bar</b></i>		Kale Salad, Tossed Salad, Caesar Salad, Diced Chicken, Carrot Sticks, Hummus, Marinated Tofu, Roasted Chickpeas, Tuna Salad, Chicken Salad	Kale Salad, Tossed Salad, Caesar Salad, Diced Chicken, Carrot Sticks, Hummus, Marinated Tofu, Roasted Chickpeas, Tuna Salad, Chicken Salad	Kale Salad, Tossed Salad, Caesar Salad, Diced Chicken, Carrot Sticks, Hummus, Marinated Tofu, Roasted Chickpeas, Tuna Salad, Chicken Salad	Kale Salad, Tossed Salad, Caesar Salad, Diced Chicken, Carrot Sticks, Hummus, Marinated Tofu, Roasted Chickpeas, Tuna Salad, Chicken Salad	Kale Salad, Tossed Salad, Caesar Salad, Diced Chicken, Carrot Sticks, Hummus, Marinated Tofu, Roasted Chickpeas, Tuna Salad, Chicken Salad	
<i><b>Bakery</b></i>							
<b>Dinner</b>							
<i><b>Grill</b></i>		GovsPossible Burger, Hamburger, Grilled Chicken Breast, All Beef Hot Dog	GovsPossible Burger, Hamburger, Grilled Chicken Breast, All Beef Hot Dog,	GovsPossible Burger, Hamburger, Grilled Chicken Breast, All Beef Hot Dog,	Roast Beef, Mashed Potatoes, Roasted Butternut Squash	GovsPossible Burger, Hamburger, Grilled Chicken Breast, All Beef Hot Dog	
<i><b>Pizza Station</b></i>	Cheese Pizza, Specialty Pizza	Baked Penne Ricotta	Pesto Ravioli, Roasted Vegetables	Baked Gnocchi Sorrento	Tortellini Marinara, Roasted Vegetables	Cheese Pizza, Specialty Pizza	Cheese Pizza, Specialty Pizza
<i><b>Pasta</b></i>	Sticky Rice, Brown Rice, Pasta with Marinara Sauce, Plain Pasta	Sticky Rice, Brown Rice, Pasta with Marinara Sauce, Plain Pasta	Sticky Rice, Brown Rice, Pasta with Marinara Sauce, Plain Pasta	Sticky Rice, Brown Rice, Pasta with Marinara Sauce, Plain Pasta	Sticky Rice, Brown Rice, Pasta with Marinara Sauce, Plain Pasta	Sticky Rice, Brown Rice, Pasta with Marinara Sauce, Plain Pasta	Sticky Rice, Brown Rice, Pasta with Marinara Sauce, Plain Pasta
<i><b>Home Cooking</b></i>	New England Pot Roast, Boiled Potatoes, Roasted Carrots  Vegetable Stir Fry Bowl  Chicken Stir Fry & Rice Bowl with Egg Rolls	The Governor’s Chicken and Sushi Rice Bowl  Ginger Tofu Rice & Broccoli	Swordfish Kabobs, Rice Pilaf  Crispy Chicken, Rice & Vegetable Bowl	Thai Chicken with Coconut Rice and Edamame  Grilled Sausage & Roasted Vegetable Bowl	Grilled Pork Chop with Wild Rice & Green Beans  Grilled Portobello Mushroom and Brown Rice Bowl	Baked Haddock, Rice Pilaf, Grilled Asparagus  Meat Lasagna, Garlic Bread	Grilled Steak Tips, Roasted Potatoes and Vegetable Blend Bowl  Beef & Bean Burrito, Arroz Amirillo  Chicken Broccoli Alfredo
<i><b>Soup, Salad and Deli Bar</b></i>	Kale Salad, Tossed Salad, Caesar Salad, Diced Chicken, Carrot Sticks, Hummus, Marinated Tofu, Roasted Chickpeas, Tuna Salad, Chicken Salad	Kale Salad, Tossed Salad, Caesar Salad, Diced Chicken, Carrot Sticks, Hummus, Marinated Tofu, Roasted Chickpeas, Tuna Salad, Chicken Salad	Kale Salad, Tossed Salad, Caesar Salad, Diced Chicken, Carrot Sticks, Hummus, Marinated Tofu, Roasted Chickpeas, Tuna Salad, Chicken Salad	Kale Salad, Tossed Salad, Caesar Salad, Diced Chicken, Carrot Sticks, Hummus, Marinated Tofu, Roasted Chickpeas, Tuna Salad, Chicken Salad	Kale Salad, Tossed Salad, Caesar Salad, Diced Chicken, Carrot Sticks, Hummus, Marinated Tofu, Roasted Chickpeas, Tuna Salad, Chicken Salad	Kale Salad, Tossed Salad, Caesar Salad, Diced Chicken, Carrot Sticks, Hummus, Marinated Tofu, Roasted Chickpeas, Tuna Salad, Chicken Salad	Kale Salad, Tossed Salad, Caesar Salad, Diced Chicken, Carrot Sticks, Hummus, Marinated Tofu, Roasted Chickpeas, Tuna Salad, Chicken Salad
<i><b>Bakery</b></i>							
Eating raw or undercooked foods such as fish, beef, pork, lamb, poultry, eggs and unpasteurized dairy products increases the risk of foodborne illness. masterCycle 1.00 FY2021	<b>Allergen Statement:</b> Please be aware that we produce products on shared equipment. Therefore, our products are not allergen-free. Common allergen ingredients that may be used in our	products include dairy, shellfish, peanuts, tree nuts, eggs, soy and gluten.  Please inform Dining Services staff of any known allergy issues.	<b>Offered Daily:</b>	<b>Offered Daily:</b> Vegetarian Vegan	<b>Meal Hours:</b> Monday - Friday Breakfast -7:15 - 8:10 am Cont: Lunch: 11:00 am - 1:15 pm Dinner: 5:00p - 6:30p	<b>Saturday:</b> Cont: Brunch: 9:00a-12:00p Dinner: 5:00p - 6:30p	<b>Sunday</b> Cont: Brunch: 9:00a-12:00p Dinner: 5:00p - 6:30p